



**CLASSES AND PROGRAMS  
FOR AGES 8-12**

**North Area Family YMCA**

# TWEEN SCHEDULE

**\*\* registration required but ongoing. See Member Services to participate.**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>4:00</b>			<b>TWEEN RACQUETBALL LEAGUE**</b>		
<b>5:00</b>	<b>YOUTH YOGA</b> MULTI PURPOSE ROOM	⊛STARTS 9/27⊛ <b>BOOK CLUB</b> FRONT LOBBY		<b>FAMILY CYCLE</b> 4'10" CYCLE STUDIO	
<b>5:30</b>					
<b>6:00</b>	<b>GIRLS 8-10 BASKETBALL LEAGUE**</b> GYM B		..... <b>Co-ed 8-10 BASKETBALL LEAGUE**</b> GYM B	<b>TWEEN NIGHT IN THE FITNESS CENTER</b> 8-11 ACCESS TO CARDIO EQUIPMENT WITH A PARENT 6-8PM	
<b>6:15-8:45</b>	<b>TWEEN SCENE</b> KKC	<b>TWEEN SCENE</b> KKC	<b>TWEEN SCENE</b> KKC	<b>TWEEN SCENE</b> KKC	<b>TWEEN SCENE</b> KKC 1ST FRI OF MONTH: MOVIE NIGHT
<b>6:30</b>		<b>KIDS Dance Party</b> MULTI PURPOSE ROOM <b>YOUTH STRENGTH</b> BACK LOBBY			
<b>7:00</b>	<b>GIRLS 11-13 BASKETBALL LEAGUE**</b> GYM B	<b>EXTREME Y GAMES</b> GYM A	<b>Co-ed 11-13 BASKETBALL LEAGUE**</b> GYM B		

**\*\* registration required but ongoing. See Member Services to participate.**

- ⊛Dance - Hip Hop, Irish, Ballet January 22-June
- ⊛Karate Jan. 2 - Mar. 20
- ⊛8 is Great! 1/12 2/9
- ⊛Staying Home Alone 2/4

**CLUB SATURDAY NIGHT**  
music, movies, swimming, games, crafts & food  
1/21 2/18



**CLASSES AND PROGRAMS  
FOR AGES 3-7**

**North Area Family YMCA**

# YOUTH-SCHEDULE

**\*\* registration required but ongoing. See Member Services to participate.**

	Monday	Tuesday	Wednesday	Thursday	Saturday	Sunday
<b>9:30</b>	MINI ME IN MOTION AGES 3-5 MULTI PURPOSE ROOM		MINI ME IN MOTION AGES 3-5 MULTI PURPOSE ROOM		YOUTH BASKETBALL 9:00-5:00	
<b>10:30</b>	PARENT CHILD GYM*. CLASS TIMES VARY					
<b>2:30</b>	KINDER SPORTS**. CLASS TIMES VARY					
<b>5:00</b>	YOUTH YOGA MULTI PURPOSE ROOM AGES 5-7			FAMILY CYCLE AGES 7+ or 4'10" CYCLE STUDIO		DANCE PROGRAM**  VARY
<b>5:30</b>				DANCE PROGRAM**	<div style="border: 1px solid black; padding: 5px;"> <p align="center"><b>Mark Your Calendar!</b></p> <p align="center">ROLLERSKATING PARTY January 27</p> <p align="center">DADDY DAUGHTER DANCE <i>Winter Wonderland</i> February 10</p> </div>	
<b>6:30</b>		YOUTH STRENGTH AGES 7+ BACK LOBBY				
<b>7:00</b>		EXTREME Y GAMES AGES 5-7 GYM A				

**\* REGISTRATION REQUIRED.**

**\*\*REGISTRATION REQUIRED. ADDITIONAL FEE**

**REGISTER.....**

- ⊛ Indoor Soccer Jan. 28 - Mar. 24
- ⊛ Swim Lessons Jan. 2- Feb.18
- ⊛ Parent/Child Gym Jan 2- Feb.17
- ⊛Dance - Acro, Tap, Ballet, Creative Movement, Tumbling  
Tots September - January 22-June
- ⊛Princess Classes 1/24, 1/31

**FAMILY FRIENDLY FRIDAYS**

- INFLATABLES 1/6 2/3
- BINGO 1/13
- DINNER & A MOVIE 1/20 2/17

**MUSIC LESSONS AT THE YMCA**

- Piano Voice Guitar Violin