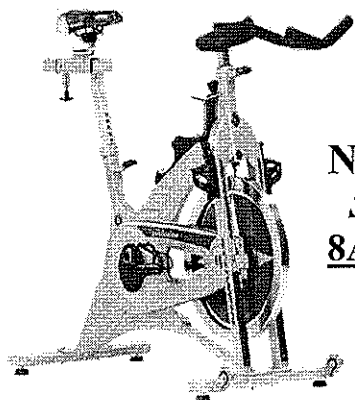
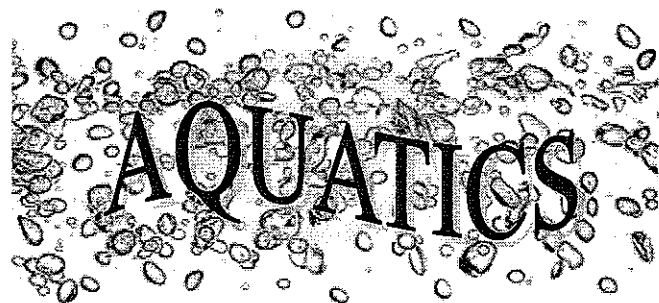


# SATURDAY ROTATION

## SCHEDULES CYCLE



**NEW START TIME**  
*Saturday Cycle*  
**8AM-8:45AM**

*Tri-athletes  
TAKE ADVANTAGE of  
Saturday Swim/Cycle Brick*

**January 9th—2 Hour**  
**CompuTrainer Ride—Ted K.**  
**\*\*REGISTRATION NECESSARY\*\***

January 16th - Chris Read  
January 23rd—Karen Billings  
January 30th—Karen Billings

**February 6th—2 Hour**  
**CompuTrainer Ride—Ted K.**  
**\*\*REGISTRATION NECESSARY\*\***

February 13th—Chris Red  
February 20th—Karen Billings

1/16 9am-10am Aquatics WW Katelyn
1/23 9am-10am Aquatics WW John Przepiora
1/30 9am-10am Aquatics WW John Przepiora
2/06 9am-10am Aquatics WW Doug MacDonald
2/13 9am-10am Aquatics WW Doug MacDonald
2/20 9am-10am Aquatics WWK Katelyn Wisley
2/27 9am-10am Aquatics WW John Przepiora